



2026 LABOR DAY REGATTA

INCLUDING

ILCA DISTRICT 25 CHAMPIONSHIP

ILCA NA 20 GP POINTS FOR THE ILCA 4, ILCA 6, AND ILCA 7

SCYYRA ULLMAN SERIES #1 FOR ILCA 7 &

SCYYRA FROST SERIES #1 FOR ILCA 6

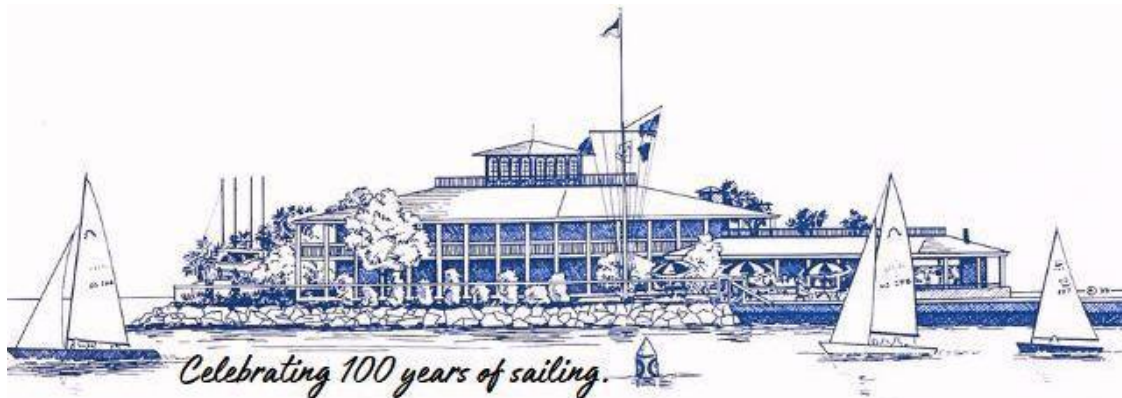


SATURDAY 5TH TO SUNDAY 6TH SEPTEMBER 2026

NOTICE OF RACE

The Organizing Authority is

Alamitos Bay Yacht Club (ABYC)



Incorporating 2 days of racing on Saturday, 5 and Sunday, 6 September. PHRF has a single pursuit race on Saturday.

For the ILCA 4, 6, and 7 it will be their District 25 Championship. For the LCA 7 class it will be the first regatta of the 2026–2027 SCYRA Ullman Series, and for the ILCA 6 class it will be the first regatta of the 2026–2027 SCYRA Frost Series, for which SCYYRA charge an additional \$10 fee.

The notation '[SP]' in a *rule* in the Notice of Race (NoR) refers to a standard penalty that may be applied by the race committee without a hearing for a breach of a specific rule.

1. SCHEDULE

Sunday, 30 August 2026	1800	Early Entry Deadline
Thursday, 3 September 2026	1800	Entry Deadline
Friday, 4 September 2026		Earliest Arrival Date
	0800 to 1030	Registration
	1100	Ocean Classes Competitors' Meeting & Support Person Vessel Briefing
Saturday, 5 September 2026	1130	Bay Classes Competitors' Meeting & Support Person Vessel Briefing
	1257	Warning Signal for 1st race of the day
	After Racing	End of Summer Party & Dinner (separate fee)
	1000	Ocean Classes Competitors' Meeting & Support Person Vessel Briefing
	1030	Bay Classes Competitors' Meeting & Support Person Vessel Briefing
Sunday, 6 September 2026	1157	Warning Signal for 1st race of the day
	1530	No warning signal will be made after
	After Racing	Awards Presentation
Monday, 7 September 2026		Latest Departure Date

1.1. Number of races

Class	Number	Races per day Scheduled	Races per day Maximum
Bay Classes	8	4	5
Ocean Classes	6	3	4
PHRF Pursuit	1	1 on Saturday	1

1.2. For PHRF boats this is a Pursuit Race: individual boats will be assigned their starting time based on her PHRF rating. Slower rated boats will start earlier than faster rated boats.

2. RULES

- 2.1. The event will be governed by the *rules* as defined in *The Racing Rules of Sailing*.
- 2.2. RRS Appendix B applies, except for Windsurfer LT fleet races.
- 2.3. Rule 60.4(a)(2) is changed as follows: A *protest* is invalid (2) it alleges a breach of a rule of Part 2 or rule 31 and is from a boat that was neither involved in nor saw the incident, or
- 2.4. The US Sailing prescriptions are available at <https://www.ussailing.org/competition/rules-officiating/racing-rules/>
 - a) The US Prescription to rule 63.1(b) is deleted.
- 2.5. As required by the [US-Sailing-Athlete-Safety-Policy-Handbook-2024](#) Article III, Education and Training, Section B and Section C. US Sailing membership is **NOT** required to take training or file a SafeSport Report.
 - a) Training for minor athletes and their parents is available at [Athlete Safety - US Sailing](#)
 - b) To report an incident to US Sailing complete the online [SafeSport Report Form](#)

3. SAILING INSTRUCTIONS

3.1. The sailing instructions will be available after 1800 on Saturday, 29 August 2026 on the official notice board.

4. COMMUNICATION

- 4.1. The official notice board is located at <https://abyc.org/regatta/Ra4oqBQSy1/#notice-board>.
- 4.2. [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

5. ELIGIBILITY AND ENTRY

- 5.1. The event is open to boats of the following classes:
- a) **Bay Course Classes:** Naples Sabot (Jr A, B, C1, C2, C3), Optimist (Green), RS Tera Sport (Bronze), Windsurfer LT, Portsmouth.
 - b) **Ocean Course Classes:** 505, C420, Cal 20, Finn, Formula 18, ILCA 4, ILCA 6, ILCA 7, J22, Melges 15, Optimist (White, Blue, Red), RS Tera Pro, RS Tera Sport (Gold, Silver), PHRF, Portsmouth.
 - c) **Additional One-Design Classes:** One-Design classes with five Portsmouth or PHRF entries may be designated as a separate class. Acceptance of other classes is at the discretion of the Regatta Chair.
- To establish a class, five paid entries are needed. If a class does not meet this requirement by the early entry deadline, it may be canceled and the entry fees refunded, or it may be combined with another class. Fleets may be started together but scored separately.
- 5.2. Eligible boats and support person vessels may enter by completing the online entry form at <https://abyc.org/register/regatta/Ra4oqBQSy1/class> and submitting it, together with the required fee by **1800 on Thursday, 28 August 2025**. Entries will only be accepted after that at the discretion of the regatta organizers on the payment of an additional late entry fee.
- 5.3. A boat shall be entered by a member in good standing of a club affiliated to US Sailing or other World Sailing member national authority, or a member of a World Sailing member national authority. (see RRS 75)
- a) ABYC members may join US Sailing at a discounted rate through the [ABYC/US Sailing Member Partner Program](#)
- 5.4. The skipper (Person in Charge see RRS 46) of a boat or support vessel, or the Parent/Legal Guardian of the skipper who is a minor, shall accept and agree to the terms and conditions of the Alamitos Bay Yacht Club Regatta Waiver and Release of Liability as part of online registration. When all competitors in a boat or vessel are minors (participants under 18), each competitor's Parent/Legal Guardian shall accept and agree to the terms and conditions of the Regatta Waiver and Release of Liability as part of online registration.
- 5.5. Boats registering with "TBD" for their sail number must provide their sail number to complete the registration process.
- 5.6. To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.
- 5.7. J22 Chartered Boats
- a) Charter boats will be allocated on a first come first served basis.
 - b) Waitlisted participants will not be required to pay up front.
 - c) Please note that your reservation is not secured until your full entry, charter fee and damage deposit is paid.
 - d) Please contact charters@abyc.org if you have questions regarding your reservation.
 - e) To reserve a J22, please follow this link; [J22 fleet - Alamitos Bay Yacht Club](#)
- 5.8. **RELATED EVENTS:**
- a) The **ILCA District 25 Championship** is open to boats of the International Laser Class Association: ILCA 4, ILCA 6, and ILCA 7. ILCA competitors shall be current members of ILCA North America or their equivalent national ILCA Association. Non-members can join or renew their membership at <https://ilcanasailing.org/about-joining>.
 - b) This regatta is part of the **2026-2027 SCYRA Ullman Series** is open to ILCA 7 boats. Eligible boats wishing to be scored in the SCYRA Ullman Series shall be:
 - i. SCYRA members in good standing. Lifetime membership is free and can be completed <https://theclubspot.com/join/WiAmVdxMup/overview>.
 - ii. Registered for the 2025-2026 Ullman Series. Entry is free and can be submitted at <https://theclubspot.com/regatta/TFp8OKBrGJ>.
 - c) This regatta is part of the **2026-2027 SCYRA Frost Series** is open to ILCA 6 boats. Eligible boats wishing to be scored in the SCYRA Frost Series shall be:
 - i. SCYRA members in good standing. Lifetime membership is free and can be completed <https://theclubspot.com/join/WiAmVdxMup/overview>.

- ii. Registered for the 2025-2026 Ullman Series. Entry is free and can be submitted at <https://theclubspot.com/regatta/TFp8OKBrGJ>.

6. FEES

Fees are as follows:

	Early Entry <i>Before 1800 Aug 30th</i>	Standard Entry <i>Before 1800 on Sep 3rd</i>
Entry Fee Single Handed except Windsurfer LT	\$60	\$75
Entry Fee Windsurfer LT (racing only Saturday)	\$30	\$37.50
Entry Fee Double Handed except Melges 15	\$75	\$90
Entry Fee Melges 15 (racing only Sunday)	\$37.50	\$45
Entry Fee PHRF Pursuit	\$20	\$25
SCYYRA Ullman Frost Sanctioning Fee	\$10	\$10
Support Person Vessel Fee	\$0	\$0

NOTE: The ILCA 6 (U19) and ILCA 6 (+19) fleets, as well as the ILCA 7 (U19) and ILCA 7 (+19) fleets, will sail together. They will be scored together for the District 25 Championship but scored separately for the SCYYRA Ullman and Frost Series.

- 6.1. The entry fee includes launching, recovery, and storage for visiting competing boats from the day prior to the event until the day following the event.
- 6.2. Boats or trailers not paying yard storage fees that wish to arrive before the earliest arrival date or depart after the latest departure date must complete an application for ABYC temporary yard storage. Applications can be completed at <https://www.abyc.org/visiting-sailors>. The application must be approved, the fee paid, and the waiver completed before arrival.
- 6.3. Any boat or trailer found on ABYC property without prior written authorization from ABYC is subject to impound and associated fees.
- 6.4. If an entry is cancelled by emailing regattas@abyc.org or calling +1 (562) 434-9955 by 0800 on the first day of the event, the entry fee will be refunded less credit card and other processing fees.

7. VENUE

- 7.1. The event venue will be Alamitos Bay Yacht Club.
- 7.2. The racing area for bay classes will be Alamitos Bay.
- 7.3. The racing area for ocean classes will be Long Beach Harbor behind the federal breakwater.

8. TRACKING DEVICES

- 8.1. Alamitos Bay Yacht Club offers the use of SailSync to help sailors and coaches with post-race analysis and debriefs. Boats whose class or event rules do not allow GPS devices will not be able to participate.
- 8.2. Boats carrying GPS enabled devices such as Garmin watches, Suunto watches, Apple watches, and smartphones capable of recording and exporting GPX files may provide the file to SailSync who will provide a post-race analysis report to the sailor and their coach.
- 8.3. Data collected from tracking devices used by eligible classes may be recorded, transmitted, and displayed live or post-race by Sail Sync or any QA-authorized partner.

9. SCORING

- 9.1. One race is required to be completed to constitute a series.
- 9.2. When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
- 9.3. When between 5 and 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.
- 9.4. When 10 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.
- 9.5. Rule 90.3(e) applies.

10. SUPPORT PERSON VESSELS

- 10.1. [DP] Support person vessels (any vessel that provides support to a competitor) shall register with the organizing authority and pay the applicable fees.
- 10.2. [DP] Support person vessels shall conspicuously display a numbered flag supplied by the organizing authority. No flag, banner, pennant, signal or shape other than that supplied by the organizing authority shall be displayed. The

numbered flag shall be returned to the organizing authority at the end of the event. Failure to return the flag may result in the payment card used to register the support person vessel being charged to replace the flag.

- 10.3. [DP] Support person vessels must be equipped with a VHF radio and be prepared to monitor a designated VHF channel.
- 10.4. [DP] If called upon, support person vessels will be required to act as rescue boats.
- 10.5. [DP] Every person on board a support vessel less than 6m (20ft) in length must wear a properly secured personal flotation device of an appropriate size for that person at all times the engine is running.
- 10.6. [DP] Support person vessel's driver shall use the kill cord at all times the engine is running.

11. SAFETY

- 11.1. [DP] Rule 40.1 applies to competitors under 18 years of age. Competitors shall wear a personal flotation device (PFD) while on the water except for brief periods while changing or removing clothing. The PFD shall be the appropriate size for the sailor.
- 11.2. [DP] [SP] Entering and Leaving Alamitos Bay
 - a) Breaches of the following may result in a Standard Penalty of 5% applied by the race committee without a hearing. This changes RRS A5.
 - b) The Alamitos Bay entrance channel is designated as a no wake zone with a maximum speed limit of 5 mph (4 knots).
 - c) A series of centerline buoys from the edge of the Alamitos Bay Yacht Club basin to the end of the Alamitos Bay entrance channel (including "A Mark" at the end of the channel) mark the center of the channel. When entering or exiting Alamitos Bay stay to starboard of these when traveling in either direction (see diagram).
 - d) The Long Beach Transit Ferry operates within Alamitos Bay and is classified as a vessel restricted in its ability to maneuver.
 - e) **Interference with Commercial Vessels:** Recreational vessels (boats and support vessels) must not impede the safe passage or operation of commercial traffic at any time. Under **46 U.S. Code § 2302**, violations may result in civil penalties of up to **\$5,000**. Gross negligence may escalate to criminal penalties, including fines and imprisonment.



12. HAUL OUT AND LAUNCHING RESTRICTIONS

- 12.1. [DP] Two hoists (maximum capacity 5,000 lbs.) and a dinghy ramp are available. Every boat or vessel using a hoist must have its own INTERNAL sling.

13. RISK STATEMENT

- 13.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or continue racing is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**
- 13.2. The organizing authority including the sponsors, the race committee, the officers, directors, employees and members of the Alamitos Bay Yacht Club and all those involved in these organizations will not accept any liability for material damage or personal injury or death sustained in conjunction with or prior to, during, or after the event.

14. DEPICTION RELEASE

- 14.1. Competitors, by competing in this event, grant to Alamitos Bay Yacht Club, perpetually and irrevocably, the unconditional and exclusive right, title and interest throughout the world to use, simulate and portray Participant's name, likeness, voice, personality, personal identification and personal experiences, incidents, situations and events, whether visual and/or audio, including without limitation photographs, videotape, film and other recordings, electronic or optical-based media, or any other form or medium whatsoever, whether now or hereafter existing, and of every kind and character (collectively "The Images"), which may be taken or taken of

Participant while participating in any aspect of the event. Images including video may be shared with US Sailing for the purposes of race official training.

15. PRIZES

- 15.1. Prizes for each class will be awarded based on the number of paid entries.
- 15.2. The following perpetual trophies will be awarded:
 - Largest Fleet Fiesta de la Playa Perpetual
 - Cal 20 George Lounsberry Perpetual
 - Snipe Don Hunter Perpetual
 - Naples Sabot Senior Sabot Labor Day Perpetual
 - ILCA ILCA District 25 Championship
- 15.3. Daily First awards counting towards the “Neal Dundas Daily First Perpetual Trophy” will be presented to ABYC members who win a race at selected invitational regattas, but who do not otherwise trophy.

16. FURTHER INFORMATION

For further information please contact Alamitos Bay Yacht Club. regattas@abyc.org or +1 (562) 434-9955.