



LABOR DAY REGATTA

INCLUDING



ILCA DISTRICT 25 CHAMPIONSHIP
ILCA NA 20 GP POINTS FOR THE ILCA 4, ILCA 6, AND ILCA 7,

USODA WEST COAST CHAMPIONSHIP
(SEPARATE NOR – WWW.USODA.ORG)

SCYYRA ULLMAN FROST SERIES

AUGUST 30 - 31, 2025

7201 East Ocean Blvd, Long Beach, CA

Organizing Authority



NOTICE OF RACE

1. RULES

- 1.1. The event is governed by the *rules* as defined in *The Racing Rules of Sailing*.
- 1.2. Rule 60.4(a)(2) is changed as follows: (2) if it is from a boat that alleges a breach of a rule of Part 2 or rule 31, but she was not involved in, and did not see the incident, or
- 1.3. The US Prescription to rule 63.1(b) is deleted. The US Sailing prescriptions are available at <https://www.ussailing.org/competition/rules-officiating/racing-rules/>
- 1.4. As required by the [US-Sailing-Athlete-Safety-Policy-Handbook-2024](#) Article III, Education and Training, Section B and Section C.
 - a) Training for minor athletes and their parents is available at [Athlete Safety - US Sailing](#)
 - b) To report an incident to US Sailing complete the online [SafeSport Report Form](#)US Sailing membership is **NOT** required to take training or file a SafeSport Report.

2. SAILING INSTRUCTIONS

- 2.1. The sailing instructions will be available on the official notice board.

3. COMMUNICATION

- 3.1. The official notice board is located at <https://abyc.org/regatta/uZPgRu5bfG/#notice-board>.

4. ELIGIBILITY AND ENTRY

- 4.1. The event is open to boats of the following classes:
 - a) **Ocean Course Classes:** 49er, 49erFX, C420, Cal 20, Finn, Formula 18, ILCA 4, ILCA 6, ILCA 7, J22, Melges 15,

PHRF, Portsmouth (monohull and multihull) , RS Tera Pro, RS Tera Sport (gold, silver).

b) **Bay Course Classes:** Naples Sabot (Senior, Junior A, B, C1, C2, C3), Open Skiff, RS Tera Sport (bronze), Windsurfer LT.

c) **Additional One-Design Classes:** One-Design classes with five Portsmouth or PHRF entries may be designated as a separate class. Acceptance of other classes is at the discretion of the Regatta Chair.

To establish a class, five paid entries are needed. If a class does not meet this requirement by the early entry deadline, it may be canceled and the entry fees refunded, or it may be combined with another class. Fleets may be started together but scored separately.

- 4.2. The **ILCA District 25 Championship** is open to boats of the International Laser Class Association: ILCA 4, ILCA 6, and ILCA 7. ILCA competitors must be current members of ILCA North America or their equivalent national ILCA Association. Non-members can join the class online at <https://ilcanasailing.org/about-joining>.
- 4.3. Eligible boats and support person vessels may enter by completing the online entry form at <https://abyc.org/regatta/uZPgRu5bfG> and submitting it, together with the required fee by **1800 on August 28, 2025**. Entries will only be accepted after that at the discretion of the regatta organizers on the payment of an additional late entry fee.
- 4.4. A boat shall be entered by a member in good standing of a club affiliated to US Sailing or other World Sailing member national authority, or a member of a World Sailing member national authority. (see RRS 75)
- 4.5. a) ABYC members are eligible for a discounted US Sailing membership through the [ABYC/US Sailing Member Partner Program](#)
- 4.6. As a condition of entry each person in charge of a boat or support vessel (or their Parent/Legal Guardian if they are a minor) is required to review and electronically sign the Alamitos Bay Yacht Club Regatta Waiver and Release of Liability. An email from contracts@inbound.esignatures.io will be sent requesting this signature. If you do not receive the email, please check your SPAM.
- 4.7. Boats registering with "TBD" for their sail number must provide their sail number to complete the registration process.
- 4.8. To be considered an entry in the event, a boat shall complete all registration requirements and pay all fees.
- 4.9. J22 Chartered Boats
- a) Charter boats will be allocated on a first come first served basis.
- b) Waitlisted participants will not be required to pay up front.
- c) Please note that your reservation is not secured until your full entry, charter fee and damage deposit is paid.
- d) Please contact charters@abyc.org if you have questions regarding your reservation.
- 4.10. **RELATED EVENTS:** For ILCA 4, ILCA 6, and ILCA 7 boats this is the first regatta of the 2025-2026 SCYRA Ullman Frost Series. Eligible boats wishing to be scored in the SCYYRA Ullman Frost Series may enter by completing a separate online registration at <https://www.scyyra.org/series/18/ullman-info>.

5. FEES

Fees are as follows:

	Early Entry <i>Before 1800 Aug 24th</i>	Standard Entry <i>Before 1800 on Aug 28th</i>
Entry Fee Bay Classes	\$60	\$75
Entry Fee Ocean Classes	\$75	\$90
J22 Charter	ABYC Members	\$150
	Non-Members	\$200
Support Person Vessel Fee	\$1	\$2

- 5.1. The entry fee includes launching, recovery, and storage for visiting competing boats from the day prior to the event until the day following the event.
- 5.2. Boats or trailers not paying yard storage fees that wish to arrive before the earliest arrival date or depart after the latest departure date must complete an application for ABYC temporary yard storage. Applications can be completed at <https://www.abyc.org/visiting-sailors>. The application must be approved, the fee paid, and the waiver completed before arrival.
- 5.3. Any boat or trailer found on ABYC property without prior written authorization from ABYC is subject to impound and associated fees.
- 5.4. If an entry is cancelled by emailing regattas@abyc.org or calling +1 (562) 434-9955 by 0800 on the first day of the

event, the entry fee will be refunded less credit card and other processing fees.

6. SCHEDULE

6.1. The regatta schedule is as follows:

Sunday, 24 August 2025	1800	Early Entry Deadline
Thursday, 28 August 2025	1800	Entry Deadline
Friday, 29 August 2025		Earliest Arrival Date
	0800 to 1000	Registration
	1000	Ocean Classes Competitors' Meeting & Support Person Vessel Briefing
Saturday, 30 August 2025	1030	Bay Classes Competitors' Meeting & Support Person Vessel Briefing
	1157	Warning Signal for 1st race of the day
	After Racing	Dinner at ABYC Clubhouse (separate fee)
	1000	Ocean Classes Competitors' Meeting & Support Person Vessel Briefing
	1030	Bay Classes Competitors' Meeting & Support Person Vessel Briefing
Sunday, 31 August 2025	1157	Warning Signal for 1st race of the day
	1530	No warning signal will be made after
	After Racing	Awards Presentation at ABYC Clubhouse
Monday, 1 September 2025		Latest Departure Date

6.2. Number of races

- a) 7 races are scheduled for ocean classes.
- b) 8 races are scheduled for bay classes.

7. VENUE

7.1. The event venue will be Alamitos Bay Yacht Club.

7.2. The racing area for bay classes will be Alamitos Bay.

7.3. The racing area for ocean classes will be in Long Beach Harbor behind the federal breakwater.

8. SCORING

8.1. One race is required to be completed to constitute a series.

8.2. When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.

8.3. When between 5 and 9 races have been completed, a boat's series score will be the total of her race scores excluding her worst score.

8.4. When 10 or more races have been completed, a boat's series score will be the total of her race scores excluding her two worst scores.

8.5. Rule 90.3(e) applies.

9. SUPPORT PERSON VESSELS

9.1. [DP] Support person vessels (any vessel that provides, support to a competitor) shall register with the organizing authority and pay the applicable fees.

9.2. [DP] Support person vessels shall conspicuously display a numbered flag supplied by the organizing authority. No flag, banner, pennant, signal or shape other than that supplied by the organizing authority shall be displayed. The numbered flag shall be returned to the organizing authority at the end of the event. Failure to return the flag may result in the payment card used to register the support person vessel being charged to replace the flag.

9.3. [DP] Support person vessels must be equipped with a VHF radio and be prepared to monitor a designated VHF channel.

9.4. [DP] If called upon, support person vessels will be required to act as rescue boats.

9.5. [DP] Every person on board a support vessel less than 6m (20ft) in length must wear a properly secured personal flotation device of an appropriate size for that person at all times the engine is running.

- 9.6. [DP] Support person vessel's driver shall use the kill cord at all times the engine is running.

10. SAFETY

- 10.1. [DP] Rule 40.1 applies to competitors under 18 years of age. Competitors under 18 years of age shall wear a personal flotation device (PFD) while on the water except for brief periods while changing or removing clothing. The PFD shall be the appropriate size for the sailor.
- 10.2. [DP] Entering and Leaving Alamitos Bay
- The Alamitos Bay entrance channel is designated as a no wake zone with a maximum speed limit of 5 mph (4 knots). Failure to comply may result in a citation by the Long Beach Lifeguard.
 - A series of centerline buoys from the edge of the Alamitos Bay Yacht Club basin to the end of the Alamitos Bay entrance channel (including "A Mark" at the end of the channel) mark the center of the channel. When entering or exiting Alamitos Bay stay to starboard of these when traveling in either direction (see diagram). Crossing the centerline may result in a citation by the Long Beach Lifeguard.
 - Recreational vessels must not impede the safe passage or operation of commercial traffic at any time. The Long Beach Transit Ferry operates within Alamitos Bay and is classified as a vessel restricted in its ability to maneuver. All vessels must yield accordingly when transiting the channel.
 - Interference with Commercial Vessels:** Recreational vessels must not impede the safe passage or operation of commercial traffic at any time. Under **46 U.S. Code § 2302**, violations may result in civil penalties of up to **\$5,000**. Gross negligence may escalate to criminal penalties, including fines and imprisonment.
 - [SP]** Boats and support vessels shall not impede the safe passage or operation of commercial traffic at any time. Breaches of the above may result in a Standard Penalty of 20% applied by the race committee without a hearing, in accordance with RRS 60.5(b)(3). This changes RRS A5.1.



11. HAUL OUT AND LAUNCHING RESTRICTIONS

- 11.1. [DP] Two hoists (maximum capacity 5,000 lbs.) and a dinghy ramp are available. Every boat or vessel using a hoist must have its own INTERNAL sling.

12. RISK STATEMENT

- 12.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or continue racing is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

13. DEPICTION RELEASE

- 13.1. Competitors, by competing in this event, grant to Alamitos Bay Yacht Club, perpetually and irrevocably, the unconditional and exclusive right, title and interest throughout the world to use, simulate and portray Participant's name, likeness, voice, personality, personal identification and personal experiences, incidents, situations and events, whether visual and/or audio, including without limitation photographs, videotape, film and other recordings, electronic or optical-based media, or any other form or medium whatsoever, whether now or hereafter existing, and of every kind and character (collectively "The Images"), which may be taken or taken of Participant while participating in any aspect of the event. Images including video may be shared with US Sailing for the purposes of race official training.

14. PRIZES

- 14.1. Prizes, for each class, will be awarded based on the number of paid entries:
- Five (5) boats One (1) prize;
 - Six (6) to Eight (8) Two (2) prizes;

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|----------------|-------------------|
| Nine (9) to 11 | Three (3) prizes; |
| 12 to 14 | Four (4) prizes; |
| 15 or more | Five (5) prizes. |

14.2. The following perpetual trophies will be awarded:

- | | |
|---------------|----------------------------------|
| Largest Fleet | Fiesta de la Playa Perpetual |
| Cal 20 | George Lounsberry Perpetual |
| Snipe | Don Hunter Perpetual |
| Naples Sabot | Senior Sabot Labor Day Perpetual |
| ILCA | ILCA District 25 Championship |

14.3. Daily First awards counting towards the “Neal Dundas Daily First Perpetual Trophy” will be presented to ABYC members who win a race at selected invitational regattas, but who do not otherwise trophy.

15. FURTHER INFORMATION

15.1. For further information please contact Alamitos Bay Yacht Club. regattas@abyc.org or +1 (562) 434-9955.