



INCLUDING

ILCA MIDWINTERS WEST

WORLD SAILING 50 POINT GRADED EVENT / 30 ILCA NA GP POINTS FOR THE ILCA 7 MALE AND ILCA 6 FEMALE

AND

US SAILING YOUTH NATIONAL TEAM QUALIFIER - 29ER, 420, ILCA 6

SCYYRA ULLMAN FROST SERIES - ILCA 6 AND ILCA 7

SCYYRA HAMLIN SERIES - 29ER

MARCH 21ST TO 23RD, 2025

7201 E Ocean Blvd, Long Beach, California USA

Alamitos Bay Yacht Club.

NOTICE OF RACE

1. RULES

- 1.1. This event will be governed by the rules as defined in The Racing Rules of Sailing.
1.2. The US Prescription to rule 63.1(b) is deleted. The US Sailing prescriptions are available at https://www.ussailing.org/competition/rules-officiating/racing-rules/.
1.3. As required by the US-Sailing-Athlete-Safety-Policy-Handbook-2024 Article III, Education and Training, Section B and Section C.
a) Training for minor athletes and their parents is available at Athlete Safety - US Sailing
b) To report an incident to US Sailing complete the online SafeSport Report Form
US Sailing membership is NOT required to take training or file a SafeSport Report.

2. SAILING INSTRUCTIONS

- 2.1. The sailing instructions will be available on the official notice board.

3. COMMUNICATION

- 3.1. The official notice board is located online at https://abyc.org/regatta/ntPF3qLqOf/#notice-board.
3.2. Notices may also be posted as a convenience on the notice board located near the race entry room at ABYC.
3.3. [DP] While racing, except in an emergency, a boat shall not make voice or data transmissions and shall not receive voice or data communication that is not available to all boats.

4. ELIGIBILITY AND ENTRY

- 4.1. The event is open to boats of the following classes.

Table with 3 columns: Equipment, Quota, Minimum. Rows include 29er, 420, ILCA 4, ILCA 6, ILCA 7.

- 4.2. Eligible boats and support vessels may enter by completing the online entry form at https://abyc.org/register/regatta/ntPF3qLqOf/class and submitting it, together with the required fee by 1800 on March 19, 2025. Entries will only be accepted after that at the discretion of the regatta

organizers on the payment of an additional late entry fee. Support Vessels and Support Persons entries will be accepted until **1400 on March 23, 2025**.

- 4.3. A boat shall be entered by a member in good standing of a club affiliated to US Sailing or other World Sailing member national authority, or a member of a World Sailing member national authority. (see RRS 75)
 - a) ABYC members may join US Sailing at a discounted rate through [ABYC/US Sailing Member Partner Program](#).
 - b) Competitors who are not ABYC members can join online at www.ussailing.org/membership/.
- 4.4. Five entries are required to establish a class. Classes that fail to establish by March 8, 2025 may be cancelled and the entry fee of boats within that class refunded.
- 4.5. Olympic gender requirements defined in the [World Sailing Transgender Non-Binary Eligibility Policy](#) will apply ILCA 6 Women and ILCA 7 Men who are competing for World Sailing ranking points.
 - a) All prospective athletes shall have a registered 'World Sailor ID' on the World Sailing website. <https://www.sailing.org/sailors/world-sailing-profile/>
- 4.6. The US Sailing gender requirements defined in the [US Sailing Gender Identification Interim Policy](#) applies to the 29er and 420 classes.
- 4.7. Competitors shall produce evidence of membership of the appropriate class association as may be required by the organizing authority.
 - a) ILCA competitors shall be members in good standing of their national Class Association.
- 4.8. On 1 March 2022, World Sailing published the following recommendations in reaction to the situation in Ukraine: <https://www.sailing.org/2022/03/01/world-sailing-statement-6/>. To help preserve the integrity and safety of the event, entries shall be open to competitors of all nationalities, but not to competitors holding only Russian or Belarussian nationality. World Sailing may amend this rule following any further decisions on the situation with Russia and Belarus.
- 4.9. As a condition of entry each person in charge of a boat or support vessel (or their Parent/Legal Guardian if they are a minor) is required to review and electronically sign the Alamitos Bay Yacht Club Regatta Waiver and Release of Liability. An email from contracts@inbound.esignatures.io will be sent requesting this signature. If you do not receive the email, please check your SPAM.
- 4.10. To be considered an entry in the event, a boat shall complete all registration requirements, pay all fees, and check in at the Race Office during registration.
- 4.11. **RELATED EVENT:** This regatta is part of the 2024/2025 SCYYRA Ullman/Frost Series for the ILCA 6 and ILCA 7, and the 2024/2025 SCYYRA Hamlin Series for the 29er. Eligible boats wishing to be scored in the SCYYRA series should complete a separate online registration at <https://www.scyyra.org>.
- 4.12. **RELATED EVENT:** This regatta is a qualifier for the US Sailing Youth National Team in the 29er, 420 and ILCA 6 classes. For more information visit <https://www.ussailing.org/teams/youthteam/>

5. FEES

- 5.1. Fees are stated in US dollars and include any local taxes. Entries received by 1800 on February 15th, 2025 will qualify for the Early Entry fee. Entries received by 1800 on March 7th, 2025 will qualify for the Standard Entry fee. Entries received by 1800 on March 19th, 2025 will qualify for the Late Entry Fee. Entries after 1800 on March 19th, 2025, will only be accepted at the discretion of the organizing authority.

	Early Entry <i>Ends 1800 on February 15, 2025</i>	Standard Fee <i>Ends 1800 on March 7, 2025</i>	Late Fee <i>Ends 1800 on March 19, 2025</i>
Single Handed Classes ILCA 4, ILCA 6, ILCA 7	\$ 250.00	\$ 300.00	\$ 350.00

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Double Handed Classes 29er, 420	\$ 300.00	\$ 350.00	\$ 400.00
SCYYRA Ullman/Frost Series Fee (ILCA 6, ILCA 7)	\$ 10.00	\$ 10.00	\$ 10.00
SCYYRA Hamlin Series Fee (29er)	\$ 20.00	\$ 20.00	\$ 20.00

Support Vessels, Support Persons and Spectator Boats registration will be accepted until **1400 on March 23, 2025**.

	Early Entry <i>Ends 1800 on</i> <i>February 15, 2025</i>	Standard Fee <i>Ends 1800 on</i> <i>March 7, 2025</i>	Late Fee <i>Ends 1400 on</i> <i>March 23, 2025</i>
Support Vessel (Coach, etc.) <small>Vessel that provides physical or advisory on the water support.</small>	\$ 100.00	\$ 125.00	\$ 150.00
Support Person (Coach)	\$50.00	\$60.00	\$75.00

- 5.2. The entry fee includes launching, recovery, and storage for visiting competing boats from the day prior to the event until the day following the event.
- 5.3. Visiting competing boats may request extended storage online at <https://abyc.org/visiting-sailors>. The cost is \$20.00 per day paid in advance, multi-boat trailers, oversized trailers will be priced according to space requirements.
- 5.4. Any boat or trailer found on ABYC property without prior written authorization from ABYC is subject to impound and associated fees.
- 5.5. If an entry is cancelled by the competitor, or if the regatta is cancelled for reasons of force majeure or for any other grounds outside the control of the organizing authority, the entry fee will be refunded as follows:

Cancellation Date	Entry Fee Refunded	
On or before March 7 th	100%*	* less credit card and processing fees
Between March 8 th and March 19 th	50%	
After March 19 th	0%	

6. ADVERTISING

- 6.1. [DP] Boats may be required to display advertising chosen and supplied by the organizing authority.
- 6.2. The organizing authority may provide bibs that competitors are required to wear as permitted by the World Sailing Advertising Code. See World Sailing Advertising Code <http://www.sailing.org>.

7. QUALIFYING SERIES AND FINAL SERIES

- 7.1. The event may consist of a qualifying series and a final series for some classes.

8. SCHEDULE

- 8.1. The regatta schedule is as follows:

Saturday, February 15, 2025	1800	Early Entry Deadline
Friday, March 7, 2025	1800	Standard Entry Deadline
Wednesday, March 19, 2025	1800	Late Entry Deadline for Competitors
Thursday, March 20, 2025		Earliest Arrival Date (except CISA participants)
	1000-1800	Race Office open for registration at ABYC
Friday, March 21, 2025	0800-1000	Race Office open for registration at ABYC
	1000	Competitors' briefing at ABYC.

	1155	First warning (up to 4 races)
Saturday, March 22, 2025	1000	Competitors' briefing at ABYC.
	1155	First warning (up to 4 races)
Sunday, March 23, 2025	1000	Competitors' briefing at ABYC.
	1155	First warning (up to 4 races)
	After Racing	Awards presentation ABYC after racing
Monday, March 24, 2025		Latest Departure Date

- 8.2. A maximum of 12 races are scheduled. The race committee reserves the right to have more or fewer races each day to accomplish races scheduled for this event.
- 8.3. On the last scheduled day of racing no warning signal will be made after 1630.

9. EQUIPMENT INSPECTION

- 9.1. Each boat shall comply with their current class rules and specifications.
- 9.2. Competitors shall provide copies of any measurement certificates required by class rules in accordance with RRS 78.2.
- 9.3. This event is an international event for the purposes of RRS G1.
- 9.4. [DP] Compliance with RRS 77 requires that every boat shall carry on her mainsail, (a) the insignia denoting her class; (b) national letters denoting her national authority (c) a sail number.
- 9.5. ILCA sail inspection will take place on the 2nd deck of the Clubhouse during registration.
 - a) [DP] Compliance with RRS 77 will be enforced, which requires that every boat shall carry on her mainsail, the insignia denoting her class, national letters denoting her national authority, and a sail number. Older sails may still use the Laser starburst insignia.
 - b) Numbers and letters drawn on the sail are unacceptable substitutes for class required numbers.
- 9.6. Additional measurement checks may be conducted during the regatta at the discretion of the organizing authority.
- 9.7. Following each day's racing one or more boats may be inspected for compliance with class rules.

10. VENUE

- 10.1. The event venue will be Alamitos Bay Yacht Club.
- 10.2. The racing areas will be in the waters of San Pedro Bay off Long Beach.

11. COURSES

- 11.1. Course descriptions will be provided in the sailing instruction.

12. SCORING

- 12.1. One race is required to be completed to constitute a series.
- 12.2. For all classes.
 - a) When fewer than 5 races have been completed, a boat's series score will be the total of her race scores.
 - b) When from 5 to 9 races have been completed, a boats series score will be the total of her race scores excluding her worst score.
 - c) When 10 or more races have been completed, a boats series score will be the total of her race scores excluding her two worst scores.
- 12.3. Rule 90.3(e) applies.

13. [DP] SAFETY AND ADULT RESPONSIBILITY

- 13.1. [DP] Competitors shall wear a personal flotation device (PFD) while on the water except for brief periods while changing or removing clothing. The PFD shall be the appropriate size for the sailor.

- 13.2. [DP] It is the responsibility solely of the parent(s) of any competitor under the age of eighteen (18), or in the instance of the competitor who is eighteen (18) or over, the competitor, to decide if the competitor should sail in the weather and sea conditions that might arise during the event.
- 13.3. [DP] Parents of competitors under the age of eighteen (18) not personally attending any part of the event shall ensure that another adult is authorized and designated to make these decisions for their child.
- 13.4. [DP] The designated adult shall accept full responsibility for all actions of the competitor during any activity related to the event. This includes onshore activities before, during, and after the regatta.

14. [DP] SUPPORT VESSELS

- 14.1. [DP] Support vessels (any vessel that provides support to a competitor) shall register with the organizing authority, identify which boats they are supporting and pay the applicable fees.
- 14.2. [DP] Support vessels shall conspicuously display a numbered flag supplied by the organizing authority, which shall be returned at the end of the event. No flag, banner, pennant, signal or shape other than that supplied by the organizing authority shall be displayed.
- 14.3. [DP] Support vessels will be required to comply with US Coast Guard regulations and event support vessels regulations.
- 14.4. [DP] Support vessels must be equipped with a VHF radio and be prepared to monitor a designated VHF channel.
- 14.5. [DP] If called upon, support vessels will be required to act as rescue boats.
- 14.6. [DP] Every person on board a support vessel less than 6m in length must wear a properly secured personal flotation device of an appropriate size for that person at all times the engine is running.
- 14.7. [DP] Support vessel's driver shall comply with US Federal law requiring those piloting boats less than 26 feet in length to use their engine cut-off switches (ECOS). This law applies when the primary helm is not in a cabin and when the boat is operating on a plane or above displacement speed. The organizing authority require support vessel drivers to use the engine cut-off switches (ECOS) all times the engine is running.
- 14.8. Support vessels shall be 100m outside the course boundaries, and below starting area when any class is racing or is in sequence.
- 14.9. Further rules governing the conduct of support person vessels will be in the sailing instructions.

15. BERTHING

- 15.1. Support Person Vessels should be launched at the [Marine Stadium Launch Ramps](#) 5255 E Paoli Way, Long Beach, CA 90803
- 15.2. Support person vessels may be berthed at Alamitos Bay YC depending upon the number of entries and support vessels.

16. RISK STATEMENT

- 16.1. RRS 3 states: 'The responsibility for a boat's decision to participate in a race or to continue to race is hers alone.' By participating in this event each competitor agrees and acknowledges that sailing is a potentially dangerous activity with inherent risks. These risks include strong winds and rough seas, sudden changes in weather, failure of equipment, boat handling errors, poor seamanship by other boats, loss of balance on an unstable platform and fatigue resulting in increased risk of injury. **Inherent in the sport of sailing is the risk of permanent, catastrophic injury or death by drowning, trauma, hypothermia or other causes.**

17. DEPICTION RELEASE

- 17.1. Competitors, by competing in this event, grant to the Alamitos Bay Yacht Club perpetually and irrevocably, the unconditional and exclusive right, title and interest throughout the world to use, simulate and portray Participant's name, likeness, voice, personality, personal identification and personal experiences, incidents, situations and events, whether visual and/or audio, including without limitation photographs, videotape, film and other recordings, electronic or optical-based media, or any other form or medium whatsoever, whether now or hereafter existing, and of every kind and character (collectively "The Images"), which may be taken or taken of Participant while participating in any aspect of the event.

18. PRIZES

- 18.1. Medals for first, second and third places will be awarded in each established discipline.
18.2. In the ILCA Classes, prizes will be awarded after racing on Sunday in accordance with ILCA-NA guidelines.

19. INSURANCE

- 19.1. Each 'person in charge' (see RRS 46) shall have valid insurance including third-party liability insurance with a minimum cover of 300,000 USD per incident or the equivalent.
19.2. Each support vessel shall have valid insurance including third-party liability insurance with a minimum cover of 300,000 USD per incident or the equivalent.
19.3. The organizing authority is not responsible for verifying the status or validity of certificates.

20. FURTHER INFORMATION

- 20.1. Questions concerning this event may be directed via regattas@abyc.org.

Event Chairs: Dan Milefchik, Mike Van Dyke

PRO: Mark Townsend IRO, IJ, IU

Chief Judge: