## SCYYRA Winter Advanced Training Clinic

December 6-7, 2025



### **United States Sailing Center - Long Beach**

5489 E. Ocean Blvd., Long Beach CA 90803

Please direct questions to:

Sally Barkow, SCYYRA Clinic Director

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www.scyyra.org or Sally@team7sailing.com

Boats: C420, CFJ, ILCA 7/ILCA 6, 29ers - Minimum of 6 Boats to form a Class (ILCA 7/ILCA 6 Combined).

Who's eligible: Members of the 2025 and 2026 SCYYRA Sailing Teams and other experienced participants in the SCYYRA Shadden, Ullman, Frost, Hamlin and Perry Series as well as other SoCal High School sailors that have been involved in serious C420, CFJ, 29er, ILCA 7 or ILCA 6 programs. This is an advanced clinic and we will be accepting applications based on age (must be at least in the 8th grade), experience and skill level.

Please complete the application online by November 16, 2025. We will publish the list of accepted sailors on the SCYYRA Website by or before Thursday evening November 20, 2025. Below is a preliminary sample schedule.

### Saturday, December 6

# 9-10am Registration and Arrival 10:00am Rigged and Ready. Full Group meeting. Breakout into individual class sessions Lunch Provided On water sessions 5 - 6:00pm Debrief, Dinner and Evening Presentation

### Sunday, December 7

10:00am Rigged and Ready. Full Group meeting. Breakout into individual class sessions Lunch Provided
On the Water sessions
4 - 5:00 Debrief and Derig
5:00pm Retrieve Boats, Clinic Over

Clinic Fee: \$330.00 per person. Includes: Lunch and snacks both days, dinner Saturday evening, top level coaching, safety boats, video, facilities, etc. 2026 SCYYRA Team Members Pay ½ Price (\$165)

Housing: Housing arrangements will need to be made by each sailor. No housing is provided.

**RSVP and Reservations**: The size of this clinic will be limited in each class. Eligible participants must reserve a spot by completing the Online Registration <u>no later than November 16, 2025.</u>

### Online Registration is available at:

https://www.scyyra.org/news/article/2025-scyyra-advanced-racing-clinic-applications-open



